FOOD BANKS

BURY; PRESTWICH; RADCLIFFE; RAMSBOTTOM & WHITEFIELD

1. **FGRS**

Referrals system?

All referral types accepted, pantry model but still accept referrals for crisis parcels.

Area you cover? We cover Bury area.

Cost of parcel? £3 for 12 items

What items you provide in parcel? Food, toiletries, baby food, nappies

Contact details? help@fgrscommunityhub.co.uk,

FGRS Community Hub, Bury Football Club, Gigg Lane, Bury, BL9 9HR

<u>Is there a limit on how many times residents can be assisted by your service?</u> To be accessed once a week (no overall limit on length of time)

<u>Collection or home delivery?</u> Collection from food pantry.

<u>Opening or collection times?</u> Monday 12:30pm till 2:30pm, Wednesday 10:00am - 2:30pm, Friday 10:00am - 2:30pm

Other relevant support ?

We have a **uniform hub** for High School and Primary School uniform where items can be bought for a small fee.

- Children's pre-school group every Monday 10:00am 12:00pm.
- **♣ General drop in** for brew and chat Monday's 12:30 pm- 3:00pm, Wednesday 9:30am 3:00pm and Friday 9:30am 3:00pm.
- Support in filling benefit forms etc- this can be offered on a Friday 9:30am 2:30pm.

2. BURY CHRISTIAN FELLOWSHIP @ MANNA HOUSE

Referrals

Breakfast club and drop-ins open to all Bury Food Club, agency referral preferred

Areas

No specific geographical area; if people feel they need it we accept them.

No deliveries. If contacted for a food parcel will normally refer to an appropriate foodbank. Very occasionally parcels are given if we have anything suitable, preferably with agency referrals.

Are there costs?

Bury Food Club £3 per week. Membership costs £5 per annum

Is there a limit to how many times a person/ family access your service?

Breakfast club and drop-ins as many times as an individual needs to attend. (No cost for breakfast or drop-ins.)

Food Club is every Friday afternoon and again as many times as an individual needs it.

Collection or delivery?

Collection only.

Do you cater for specific dietary needs?

Yes, when we can

Do you provide other support?

Safe space for individuals to meet with statutory & third sector, currently Bury Council Rough Sleepers Team; Calico Floating Support; ACHIEVE Drug and Alcohol Team; NHS Psychologist; 'FREE' project support to get clean and dry; signposting, plus access to the internet when available.

Do you provide any other services lunch clubs etc?

- ♣ Our project, 'Musical Memories,' provides a fun session on Friday morning at the Elms Community Centre in Whitefield 10.30am to 12pm, with live music every other week. For those with dementia or learning disabilities and with such classics as 'Is This The Way To Amarillo' and 'I Do Like To Be Beside The Seaside'!
- ♣ Contact Alan Robinson at office@bury.org.uk for more information.
- **Cost:** donation only, suggested £2 per attendance. Videos can be found on You Tube and live sessions are live streamed.

Contact details/opening times

ItsTime4Change Breakfast Club (open to all):

Tuesdays and Wednesdays 10am to 12pm Egg and beans on toast, hot drinks, warm safe space

Thursday drop-in (open to all):

10.30 to 1pm Bacon butties, hot drinks, warm safe space

Friday drop-in (open to all):

10am to 12pm

Cereal and toast breakfast, hot drinks, warm safe space

Bury Food Club (pantry. Members only):

Fridays 1 pm to 3pm (last entry 2.45)

Members can receive up to £15 value of fresh, frozen, tinned or packet food for £3

Referrals from agencies preferred

For more information on any of our services please contact us on office@bury.org.uk

3. HUMANSMSCR

Referrals system?-

Clients need to be referred by a local professional (support worker, citizens advice, school, GP, Jobcentre, council, another charity etc). The referral agent must email us from their work email address, and then we will share a form that they fill out on behalf of the client. **No self-referrals.**

<u>Area you cover?</u> Manchester, Stockport, Salford, Trafford, Bury and Rochdale

Cost of parcel?-

Free of charge. The parcels are emergency food parcels for people in crisis.

What items you provide in parcel?

3-4 days worth of food and some toiletries depending on availability. Option for fresh vegetables available.

Contact details? info@humansmcr.org / 0161 243 0171

<u>Is there a limit on how many times residents can be assisted by your service?</u> Clients can access every two weeks, based on an updated needs assessment by the referral agent.

Collection or home delivery? Home delivery only.

Do you cater for specific dietary needs?

Yes, all dietary requirements catered for (halal, GF, DF, V, VG etc)

Opening or collection times?

We deliver Monday-Friday in the morning or afternoon. The client must be able to be in to receive the parcel, we do not deliver to neighbours or leave parcels unattended.

Other relevant support?

We can help signpost clients to other services. We have a community grocers that will be opening to new clients next year 2024, and we also run cookery classes from time to time.

4. ST ANDREWS CHURCH COMMUNITY HUB

Address: Mersey Drive, Hillock Estate, Whitefield, M45 8LA

Contact: Revd. Donna- 07873 520072

Email: foodpantryhillock@gmail.com

When? Pantry open Tuesdays and Wednesdays

Cost? Food Pantry the cost is £3 a week. For this you receive about £15 worth of food, some toiletries, sanitary products, cleaning products etc.

Further Information:

- ♣ Referrals are via local children's centre but people can come along to register – if we are full we will place your name on a waiting list.
- ♣ Food Pantry for the local community which is the Hillock Estate, Whitefield. People can come along and register and if at the time we are full they are placed on a waiting list, most of our referrals have come through the local children's centre and other known to us on the estate having built up some good relationships with other local groups, Cllrs etc.
- ♣ The Good as New shop- usually opens on a Monday and Wednesday morning 10am to 12noon.
- ♣ Breakfast Club- we seek to give extras to our families during school holidays especially cereals etc.

5. PORCH BOXES

Referrals - We prefer to work via agency referrals rather than self-referrals

Area? We cover anywhere in the Borough of Bury

<u>Cost?</u> There is no cost and no limit as long as agency is happy that service user needs help

<u>What we provide?</u> We offer food toiletries, clothes, toys and baby equipment milk food nappies and other baby items and supplies can do other specific items as long as funds permit.

<u>Delivery?</u> We will deliver to the agency or the agency worker can collect, we have offered some home delivery if there is an issue for service user and the worker has agreed this.

Delivery Wednesday's 12pm till 2.30pm

We pack and deliver on a Wednesday morning but can deal with additional requests any other time if urgent.

Contact details

Contact via website <u>www.porchboxes.org.uk</u> and 0161 761 5908

6. Bury Asian Women's Centre (B.A.W.C)

<u>Referrals -</u> Referrals form through party agencies, self-referrals, via other foodbanks

Area? Across the Bury borough

Cost? No, not at the moment

Is there a limit on how many times they can be assisted?

Once a month. Review between 6 -12 weeks depending on each case.

Collection or delivery? Mostly deliveries, rarely collection

Do you cater for specific dietary needs? Halal, Vegetarian, Kosher

Do you provide other support?

- Social and welfare
- ♣ Benefit Advice
- Domestic Violence
- Housing applications
- Third party Immigration
- Third part family law

Do you provide other services lunch clubs etc?

- Online Fitness session Tuesday 12.30 to 1.30pm
- Online Yoga Session Thursday 12.30 to 1.15pm
- ♣ ESOL all levels Monday afternoon
- Life in the UK (ESOL entry 3) accredited
- Wednesday evenings ESOL and Driving Theory tests 5.00-7.00pm.
- Laugh and Lunch club
- Meditate and Mindfulness

OPENING TIMES

9.30 am to 5pm - Monday to Friday

Contact details

Ayesha Arif 90 Southcross Street Bury BL9 0RS

0161 280 2270 Mobile: 07982650964

<u>Director@bawc.org.uk</u> www.bawc.org.uk

7. AFRICAN AND CARIBBEAN WOMEN'S CENTRE

<u>How we take referrals</u> –It is by appointment; residents will need to call 07570916856 to book their food parcel.

<u>The area we cover-</u> We cover Bury wide and provide culturally appropriate food.

<u>Is there a cost?</u> We are a Food Pantry. £5 for a food parcel worth £20

<u>When can people come</u> - People can collect African food parcels every last Wednesday of the month.

Contact details

African and Caribbean Women's Centre (AFRICAB) 15 Knowsley Street, Bury.

BL9 0ST

Phone: 07570916856

Email: jumoke.ilevbabor@africab.org

Website: www.africab.org

8. TRUST HOUSE, BURY

Collection or Delivery? Mainly collection.

Dietary needs

Specific dietary requirements – we can offer dietary specific parcels – mostly people choose their own groceries.

How we take referrals

We accept self-referrals and statutory 3rd party referrals

The areas we cover-Bury, Whitefield and Prestwich

<u>Costs</u>-There is a small charge. Standard pantry £3. Family £5. Families can now use their Healthy Start Vouchers at the pantry. They also offer a Loyalty Card.

Limit on visits? Once a week visit

Other support

Café, charity shop and food pantry as well as Health and Wellbeing sessions.

Opening times?

Open Monday, Tuesday, Thursday and Friday 10am until 2pm

Contact details

Trust House, Bury Metro Christian Centre Parkhills Road Bury

BL9 9AU

Phone: **07411 964653**

Email: info@trusthousebury.org

Facebook- https://m.facebook.com/trusthousewhitefield.org

9. ORGANIC SOUL

Referrals- We take both self-referrals and statutory referrals.

Area covered-

Mainly Bury East – but will cover other areas if its halal parcels.

Is there a cost - There is no cost.

<u>Is there a limit on how many times a person is assisted?</u> Dependent on each individual case reviewed regularly.

Opening times -We are open on the following days:

Monday 10am to 1pm Tuesday 10-12 Wednesday 11am to 2pm Thursday 11-3pm Friday 10am to 3pm

Collection or delivery- Delivery only at them

Do you cater for specific dietary requirements?

We cater for all groups including dietary and cultural requirements, where possible

<u>Do you provide any other support?-</u> Basic welfare support where needed and sign posting, if required.

Contact details

Email: Info.organicsoul@gmail.com

Mobile: 07948833994

No website just social medias:

Organic Soul | Manchester | Facebook

Organic Soul (@organicsoul.uk) • Instagram photos and videos

10. CHESHAM FOLD COMMUNITY CENTRE & T.R.A

<u>Referrals -</u> We take referrals from social/case workers, we also take self-referrals

Area-BL9 area

Details? Food Pantry £5 registration fee.

Then £3.50 for 12 items per visit – (6 cupboard items 3 toiletries 1 milk 1 cereal and an extra)

Collection or delivery- Collection only

Other services:

- We also offer support via the baby bank with the referrals from midwives and the mum and baby unit.
- ♣ Signpost people in in debt or struggling with money management,
- There is also a cupboard full of Freebies.
- Free lunch on a Wednesday between 11.00-12.30
- Toddler group on Tuesday morning between 9-11 with snacks and drinks and it's all free
- We also run a Baby Bank for new Mums in need.

Do you have a lunch club etc?

No, however the cafe is open Mon-Thurs 9:30am-1:00 pm We can assist outside of these hours In the school holidays we provide free lunch for the children

Contact details

Mob: 07487545120 to speak to Cath

11. THE RAMSBOTTOM PANTRY

Referrals

We do accept self-referrals for a food bank pack.

We operate as:

Food bank (basic pack free)

Food pantry (£3 = more choice)

We Provide a list/info packs explaining how this works

We provide packs to local schools on request

We take requests from support workers

Areas

We currently cover addresses in BL0, BL8 & BL9 postcodes. Edenfield to Brandlesholme.

Is there a cost? As above

Is there a limit to how many times a person / family access your service?

We have a new system for new referrals that we provide a pack for 6 weeks then review their circumstances again.

Do you cater for specific dietary needs?

We can cater for some dietary needs

Do you provide other support?

We offer support, advice and signpost to the relevant agencies

Collection or delivery

Open Tues & Thurs 10am – 2pm for collection Delivery, only if required

Other services

We have a cafe within the Church open Thurs 10am -12pm

Contact details

Christ Church Great eaves road Ramsbottom BL0 0PX

Tel 07710461761

Ramsbottompantry@gmail.com

Facebook: https://www.facebook.com/RamsbottomPantry

Website: https://ramsbottompantry.com/

12. THE ATTIC PROJECT

Referrals - We take both self-referrals and 3rd Party referrals

Area

We cover all of Moorside apart from Chesham Fold estate and we cover North Manor East up to Ramsbottom.

Is there costs?

No costs

<u>Is there a limit on how many times a person / family can access your service</u>

We provide food and the support needed to get people through their initial crisis- (normally takes up to 5 weeks max)

Do you cater for specific dietary needs?

We are able to supply basic supplies to cover most dietary requests.

<u>Do you provide other support?</u> We support with benefits, debts, housing and getting back to work. We provide weekly support helping people get online and have a couple of mental health support groups. We also have weekly toddlers' social sessions.

Collection or delivery

Collection times are allocated slots Tuesday, Wednesday and Thursday between 10am and 2pm. We also deliver where needed and in case of emergency outside the allocated collection times.

Opening times

We are normally open from 10am till 3pm Monday to Friday. The first Saturday of each month 10am till 12 noon and Tuesday, Wednesday and Thursday evenings 7pm to 9pm for specific sessions

Your contact details

The Attic Project
3 Russell Street Bury BL9 5AX
0161 258 6415
Website https://atticprojectbury.com/
Email info@atticprojectbury.com

13. BRANDLESHOLME COMMUNITY CENTRE

Referrals

We take self-referrals as well as referrals from 3rd parties

Area- Brandlesholme

<u>Is there a limit on how many times a person /family can across your service?</u> Access is limited to once every 7 days

Do you provide for specific dietary needs? Some gluten free and vegetarian

<u>Do you provide other support?</u> We do signpost and follow up any referrals made to 3rd parties

<u>Collection or delivery?</u> We try to encourage people to come and collect as much as possible now that restrictions are lifted as we as a group feel that it helps people to come in and have a coffee and a chat with us, then they usually open up about any other things they need help with, however we do deliver if it is needed.

Our opening days/hours are:

Monday, Wednesday, Thursday and Friday 9:30am-12:30pm

Telephone number **0161 797 7366**

email is <u>tasha@brandlesholme.net</u> for secretary and general enquiries and <u>joanne@brandlesholme.net</u> for the Chair of the charity.

<u>Other services -</u> We are currently getting things in place for activities etc. We currently have women's yoga for beginners on Monday mornings from 10am to 11am. Activities carry a minimal charge.

14. TOPPING FOLD TRA

Referrals We take self-referrals and 3rd Party referrals

<u>Area</u>? We cover East ward that is Topping Fold and Fairfield down to Rochdale Road, Bury

Are there costs? No costs

<u>Is there a limit to how many times a person/family can access your service?</u>

Once a week when struggling

Do you provide for specific dietary requirements?

We are able to supply basic supplies to cover most dietary requests

<u>Do you provide other support?</u> We try and help when we can by making phone calls and referrals

Opening hours: We are open Thursday 9:3am to 2pm

Collection or delivery?

Collection on Thursday between 10am and 12 noon. We also deliver where needed and in case of emergency

Contact details

Topping Fold Community Centre 36-44 Topping Fold Road Bury BL9 7NG

Contact

Call Jenny - 07851 482585 / 07860 652337 or toppingfoldtra@gmail.com

<u>Other services -</u> We have our youth club back up and running, and new community bingo which will bring local people together for a brew and chat and a lunch club.

15. TRINITY FOODBANK -

(Trinity Foodbank ,Radcliffe will be closed Thursday 28th December and Friday 29th December. They will reopen on Friday 5th January 2024 and will only be open Friday 9 – noon)

Referrals

We take self-referrals and 3rd party referrals

Proof of address is required dated with last 3 months - except for homeless persons

Area: we cover Ainsworth & Radcliffe

Are there costs? Not at present, moving towards pantry model this year.

<u>Is there a limit to how many times a person/ family can access the service?</u>

Once a week initially up to 6 weeks depending on circumstances. A review will take place to ascertain their needs and access signposting. We only offer short term food assistance, unless otherwise assessed as requiring longer term help.

Do you provide specific dietary requirements?

We can assist with gluten free and vegetarian. However, we will refer to BAWC or the African and Caribbean Womens' centre, if needed

Do you provide other support?

- ♣ Good quality second hand furniture & white goods & other small household items if available in storage. Good quality clothes and bedding.
- Signposting to other assistance such as CAB, Bury Community Support Fund and other statutory agencies. Assistance with energy advice.

Collection or delivery

Collection only. However, we will deliver if referred/ need identified by statutory agency but only Friday mornings.

Opening times:

Opening times - Thursday and Friday 9 to noon (Friday only from 2024)

Contact details

Contact details 07963605283 between 10 a.m - 2 p.m Monday to Thursday

Contact form on website: www.trinityfoodbank.co.uk

Third parties must complete a referral form - this can be requested from info@trinityfoodbank.co.uk

Clothing please contact Sister Joan on 07891526513 or email joanfmsj@hotmail.co.uk

Other services

- ♣ Drop in cafe Friday 9am 12noon
- ♣ Digital champion for any age Fri 9.00am 12noon
- Crafts- Thurs 12.30 2.30 p.m at Radcliffe Girls & Boys club, Withins Avenue, Radcliffe . M26 2XB
- Some of our volunteers are trained in Mental health first aid and suicide awareness training.
- All volunteers in contact with clients have had Safeguarding training.

16. Prestwich Street Kitchen

Referrals - Walk in's only

Area: Bury south, Prestwich, Whitefield.

Are there costs? Not at present.

Is there a limit to how many times a person/ family can access the service? No Limit

<u>Do you provide specific dietary requirements?</u> We can assist with Gluten free and Vegetarian options

Do you provide other support?

Good quality second hand good quality clothes, toiletries and pantry items.

Collection or delivery Collection only.

Opening times? Mondays and Fridays 5:30pm-7:00pm

Contact details

Prestwich Methodist Church Chapel Street, Prestwich, M25 1AA Contact us on Facebook @prestwichstreetkitchen

17. HEATON PARK FOOD PANTRY

Referrals? Walk in's only

Area: Bury south, Prestwich, Whitefield.

<u>Are there costs?</u> £3.00 per carrier bag (limited to 1 per person or 2 per family)

Is there a limit to how many times a person/ family can access the service? No Limit

<u>Do you provide specific dietary requirements?</u> We can assist with Gluten free and Vegetarian options

<u>Do you provide other support?</u> A 'pay as you can' for tea, coffee, and simple refreshments.

Collection or delivery Collection only.

Opening times

Tuesdays 3pm-5pm Thursdays 9am-11am

Contact details

Main Church - 275 Bury Old Road, Prestwich,

M25 1JA (Halls entrance located on Heaton Street/Bedford Street, Prestwich, M25 1HX)

0161 759 1751

heatonparkmethodist@gmail.com

Website: www.facebook.com/heatonparkmethodist

18. L'CHAIM KOSHER FOODBANK

Referrals -Referrals and self-referrals to contact the food bank directly.

Area: Covers Whitefield, Prestwich, Crumpsall and Salford

Are there costs? Not at present.

Is there a limit to how many times a person/ family can access the service? No Limit

Do you provide specific dietary requirements? Kosher

Do you provide other support?

- Clothing, baby items, school wear and stationery to families in need.
- ♣ Also, referrals to local services, including Hershel Wiess centre, The Fed, GIFT, and 12 local synagogues.

Contact details

L'chaimfoodbank.co.uk foodbank@lchaim.org.uk 0161 792 6335

19. GIFT (GIVE IT FORWARD TODAY) KOSHER FOODBANK

Details? Jewish community foodbank

Referrals? Referrals and self-referrals to contact the food bank directly.

Area: Covers Whitefield, Prestwich, Crumpsall and Salford

Are there costs? Not at present.

<u>Is there a limit to how many times a person/ family can access the</u> **service?** No Limit

<u>Do you provide specific dietary requirements?</u> Kosher, Gluten free, Vegetarian.

Do you provide other support?

- Food distribution to Jewish families in need.
- Formal Education sessions.
- Purim and Pesach food collections.

Contact details manchester@jgift.org

Adress? 283 Middleton Road

M8 4LY

Tel: 0161 798 6789 Website <u>www.jgift.org</u>

Opening times: 9am-5pm Monday – Friday

20. Brandleshomle Community Centre & Foodbank

37b Brandlesholme Road,

Bury

BL8 1HS

Tel: 0161 797 7366

Facebook: https://www.facebook.com/Brandlesholme/

Email: tasha@brandlesholme.net

Opening times: 10am - 12:30pm Monday to Friday. Closed Tuesdays.

Walk ins are not accepted.

Food parcels must be requested or referred for by phone.

- ♣ We supply food (Fresh, Frozen, Chilled and Ambient), personal hygiene product and household supplies in food parcels.
- Also available clothes bank, Bury Family bank.

21. PRESTWICH FOODCYCLE

Creative Living Centre 1a Rectory Lane M25 1BP

Opening times? Saturday 4.45pm

Further Details? Guests must be 18 or over.

Email: prestwich@foodcycle.org.uk Website: prestwich@foodcycle.org.uk

22. RADCLIFFE FOOD CLUB

Bridge Community Church Milltown Street / Regan Street Radcliffe, M26 1WD

Tel: 0161 736 7959 – Tom King and Barry Matley

Email <u>bridgeradcliffe@outlook.com</u>
https://www.facebook.com/RadcliffeBridgeCommunityChurch

Opening times: Wednesday 10am – 12noon

Cost?

- £5 annual membership.
- £3 per shop.
- First week's shop for free.

23. THE MILL COMMUNITY GROCERY — BOLTON/BURY BORDER

The Mill, Bury Road, Bolton, BL2 6QE

Tel: 01204 226511

Website: https://communitygrocery.org.uk/bolton/

Email: bolton@communitygrocery.org.uk

Opening times: 9:30am – 4:30pm Monday –Friday

Cost?

- ♣ £5 membership for the year
- ♣ From £4 per visit
- ♣ Fill your basket with Fruit, veg, chilled, tinned and toiletry items 3 times a week.