



Bury
Catering

Lunch at school

Bury
Council

Main menu

Peace of mind - diversity

Meat option

Vegetarian main choice daily

Baked Potato/Sandwich

Meals suitable for Muslim pupils

daily

All desserts are vegetarian

Brakes (W...)
UK Foodhall (Shrewsbury)

PLIERS

AVAILABLE

Salad Bar
Fresh Fruit
Icic Yoghurt

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WEEK ONE

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY |
|---|---|---|--|
| Pork and Carrot Meatballs with Spaghetti | Beef Burger in a Bun | Roast Chicken Dinner Stuffing and Gravy | Ham Pizza |
| Plant Based Meatballs with Spaghetti (PB) | Halal Beef Burger in a Bun | Halal Roast Chicken Stuffing & Gravy | Vegetable Curry with 50% wholegrain & 50% white rice |
| Sweet and Sour Quorn with 50% wholegrain & 50% white rice (v) | Cheese Whirl (v) | Roast Quorn Dinner Stuffing & Gravy (PB) | Margherita Pizza (v) |
| Jacket Potato or Sandwich with Various Fillings | Jacket Potato or Sandwich with Various Fillings | Jacket Potato or Sandwich with Various Fillings | Jacket Potato or Sandwich with Various Fillings |
| Potato Wedges, Peas and Sweetcorn Mix | Herby Diced Potatoes Fresh Vegetable Medley | Roast Potatoes, Cauliflower & Broccoli | Spicy Diced Potatoes, Baked Beans |
| Summer Fruits Cheesecake | Mandarin Muffins | Jelly with Fruit | Chocolate Cake and Custard |

V - Vegetarian | PB - Plant Based | N - New

WC: 17th Apr | 8th May | 5th

WEEK TWO

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY |
|--|---|---|---|
| BBQ Chicken with 50% wholegrain & 50% white rice | Pork Sausage Hot Dog | Minced beef Pie with Gravy | Beef Lasagne |
| Halal BBQ Chicken with 50% wholegrain & 50% white rice | Halal Chicken Sausage Hot Dog | Halal Minced Beef Pie with Gravy | Halal Beef Lasagne |
| Veggie Chilli Burrito (v) | Cheese and Onion Pie (v) | Macaroni Cheese (v) | Tomato Pasta(v) |
| Jacket Potato or Sandwich with Various Fillings | Jacket Potato or Sandwich with a choice of fillings | Jacket Potato or Sandwich with a choice of fillings | Jacket Potato or Sandwich with a choice of fillings |
| Potato Wedges, Peas and Sweetcorn Mix | Herby Diced Potato Baked Beans | Creamed Potatoes, Seasonal Fresh Carrot Batons | Seasonal Fresh Vegetable Medley |
| Iced Lemon Sponge | Vanilla Sponge & Custard | Apricot Flapjacks | Carrot & Orange Muffin |

V - Vegetarian | PB - Plant Based | N - New

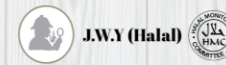
WC: 24th Apr | 15th May | 12th

WEEK THREE

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY |
|---|---|---|---|
| Brunch with Diced Potatoes | Sweet & Sour Chicken with 50% wholegrain & 50% white rice | BBQ Pulled pork Burger in a bun (N) | Pasta Bolognaise with Crusty Bread |
| Halal Brunch with Diced Potatoes | Halal Sweet & Sour Chicken with 50% wholegrain & 50% white rice | Halal BBQ Shredded Chicken Burger in a Bun (N) | Halal Pasta Bolognaise with Crusty Bread |
| Vegetable Pasta Bake (v) | Pizza Whirl (v) | Vegan Sausage Roll (PB) | Cheese Pasty (v) |
| Jacket Potato or Sandwich with a choice of fillings | Jacket Potato or Sandwich with a choice of fillings | Jacket Potato or Sandwich with a choice of fillings | Jacket Potato or Sandwich with Various Fillings |
| Diced Potatoes Baked Beans | Spicy Diced Potatoes Seasonal Fresh Broccoli | Potato Wedges Peas & Sweetcorn | Seasonal fresh Vegetable Medley |
| Strawberry Yoghurt Muffin | Gingerbread Person with Fruit | Chocolate Ice Cream Roll | Banana Cake & Custard |

V - Vegetarian | PB - Plant Based | N - New

WC: 1st May | 22nd May



Menus can vary slightly in some schools to accommodate different needs.

Over 75% of our dishes are freshly prepared from unprocessed ingredients, our vegetables and potatoes are fresh and whole except for peas, green beans. All our chicken, pork and beef is UK Farm Assured, our eggs are from Free Range hens, our yoghurts are organic, our fish fingers are fortified with Omega 3 from the Marine Conservation Society 'fish to avoid' list is served. Our suppliers are vetted, fully traceable and are local in order to minimise food miles in from Livezey's (Preston), bread from Morris Bakers (Chorley), meat from Youngs Butchers (Sheffield), ambient goods from Dunsters Farm (Bury) and brakes (W...

All star main meals

- Roast chicken dinner, stuffing and gravy
- Pork and carrot meatballs with spaghetti
- Battered fish fillet
- Bar B Q chicken with 50% wholegrain and 50% white rice
- Minced beef pie with gravy
- Pasta Bolognese with crusty bread



A main dessert like ...

Banana cake and custard
Strawberry yoghurt muffin
Apricot flapjacks
Summer fruits cheesecake

Fruit and yoghurt daily

School Food Standards

A practical guide for schools
their cooks and caterers



Nutritional guidelines

Peace of mind - healthy

Reduce salt, fat and sugar

4 food groups every day

Standards for

Starchy food – cooked in fat or oil no more than 2 days a week

Fruit and vegetables – a dessert containing at least 50% fruit 2 or more times each week

Meat, fish, eggs, beans and other non-dairy sauces of **protein** – **oily fish at least once every 3 weeks**

Milk and dairy – one portion a day

No more than 2 pastry and 2 coated products a week



WHAT DOES IT MEAN?

SERVING
**LOCAL
FOOD**

At Silver and Gold levels
we are rewarded for
using local ingredients.



WE CAN TRACE OUR MEAT

**BACK
TO THE
FARM**



**COOKED
FROM
SCRATCH**



At least 75% of our meals are freshly prepared.

**MORE
OF THE
GOOD
STUFF**



Free from undesirable additives,
colouring and sweeteners.

**MENUS ARE DESIGNED TO
MAKE THE BEST USE OF
SEASONAL
INGREDIENTS**



YOUR MEAL MAKES A
DIFFERENCE

When buying a Food for Life
Served Here meal, every £1 you
spend means a social return on
investment of £3 in the form of
jobs in local food enterprises.*



To find out what else Food for Life Served Here
means for your meal, visit our website,

www.soilassociation.org/catering

* New Economics Foundation

Food for Life Served Here

Peace of mind - sustainable

75% freshly prepared from unprocessed ingredients

High quality ingredients

Free range eggs

No endangered fish

Animal welfare standards met

Drinking water

Seasonal ingredients & 2 menus a year

Dietary and cultural needs met

Local suppliers

And Bury Sustainable Food Places award...

Special Diets & allergens

Our aim to satisfy all special dietary needs

Entire vegan, dairy free and gluten free menu cycle available

Satisfy diabetics with carb count completed by Royal Oldham NHS Trust dieticians

Detailed process for Special Diets and allergens (ring/email us as we are the specialists)

Support for autistic children





**Need to save money?
Got hungry mouths to feed?**

A child's meal from Bury Catering costs *less* than a packed lunch.



A Bury Catering school meal is super value, it is also:

Better nutritionally than a typical packed lunch

Filling with 2 courses, 2 sides and drinks

Fun

Varied & Interesting

What children want to eat

Offers special and multicultural diets

Completely nut free and allergen safe

Supports social skills

Planet Friendly

We do it so you don't have to

To switch, speak with your child's school office team.
If you have any queries about school meals call 0161 253 5710



Value for Money

Two courses (main & dessert)

Two sides (bread and help yourself salad bar)

Chilled Water (plus Juice on Monday and

Milkshake on a Friday)

Up to 5 portions of fruit and vegetables per day

Switch & Save

Cheaper & healthier than a packed lunch...

Cheaper & healthier than any restaurant...



CHAPTER 1

WORLD BOOK DAY MENU

Horrid Henry's Sausage & Mash
Horrid Henry's Halal Sausage & Mash
Gruffalo's Vegan Sausage Roll

Supertato Skins
Peter Rabbit Carrots
Hungry Caterpillar Peas
BFG Snoz Cumber Salad
Bread

Bruce Bogtrotters Chocolate Cake
Jungle Book Fruit Salad
Organic Yoghurt



MENU

ENGLISH AFTERNON TEA

ASSORTMENT OF FINGER SANDWICHES

VEGAN SAUSAGE ROLL

UNLIMITED SALAD BAR

SELECTION OF FRESH FRUIT SALAD

ASSORTMENT OF MINI DESSERTS

APPLE AND CREAM COCONES

LEMON DRIZZLE CAKE

DECORATED CROWN SHORTBREAD BISCUIT

CHILLED ORANGE JUICE OR WATER



HELP US TO CELEBRATE KING CHARLES III CORONATION DAY

QATAR WORLD CUP 2022

MENU

Pork Footballs in Tomato Sauce with Spaghetti Bootlaces

Plant Based Footballs in Tomato Sauce with Spaghetti Bootlaces

Penne Pasta in Tomato Sauce

Energy Jacket Potato with a Selection of Fillings

Referee's Peas

Many Nations Salad
Wholemeal Bread

Home-made England Muffins
FIFA Fruit Salad
Organic Yoghurt



Paying for school meals

Free School Meals – if you are on Universal Credit and your earned income is less than £7,400 a year, apply for FSM on 0161 253 5858. This benefits school budgets too!

Universal Infant Free School Meals – Reception, Year 1 & 2

Paid meals from September 2023 will be £2.50



School Grid



The School Grid app allows you to do the following:

- Order meals for up to a term
- Pay by direct debit or card
- View recipes
- Check ingredient information
- Block dishes with certain allergens
- Contact the Cook Supervisor

Give your email to the school office to get a School Grid account.

Catering Staff...



Disclosure &
Barring Service

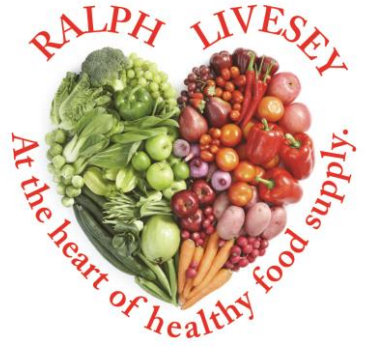
Have received training in allergens and safeguarding

Are DBS cleared to an enhanced level to keep your children safe

Suppliers



J.W.Y (Halal)



Contact us...

0161 253 5710

catering@bury.gov.uk



Bury
Council