

Worry Management Webinar

For parents and carers of young people, this session will help you to:

- Better understand worry and anxiety
- Support your child to manage and overcome these feelings

Primary School
Tuesday 16th
June
2026
6-7.30pm

Step 1: To join our workshop please scan the QR code and complete the registration.



Step 2: Once registered a member of our team will send you an email with the link to access the webinar.

If you would like any further information
Please contact your school's mental health lead.



pcn-tr.burymhst@nhs.net

