



Christ Church
CE Primary School

Growing and Learning Together in Christ

Head of School: Mrs K James

Thursday 11th September 2025

Triple P and Stepping Stones Parenting Seminars

Dear Parents and Carers,

We are delighted to announce that Chantelle Longden, our Education Mental Health Practitioner, will be holding Triple P Parenting seminars in the Autumn Term. The idea of the seminars is to provide parents with support and practical ideas to help make family and home life easier. You can find more information about the Triple P Parenting Seminar here:

[triple-p-parenting-seminar-information.pdf](#)

In addition to the seminars, Chantelle offers further support through the group parenting program, Stepping Stones. This program is particularly beneficial if you are experiencing significant challenges with your child's behaviour, or if you simply wish to acquire parenting skills that will foster your child's development and potential. Group stepping stones is a 10-week program which is accessed via referral. You can find more information about the Stepping Stones Parenting Seminar here:

[stepping-stones-parenting-seminars.pdf](#)

We would like to be as accommodating as possible, so we would be grateful if you could indicate your interest for either course on the Microsoft Forms below. All information obtained will be kept strictly confidential.

Triple P- <https://forms.office.com/e/zisHx9CB1G>

Stepping Stones- <https://forms.office.com/e/LPvpXtDJds>

Once we have an idea of numbers and best times, we will be in touch about when the start date will be.

Kind regards,

Mrs Hudson Senior Mental Health Lead

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