

CHRIST CHURCH NEWSLETTER

Friday 10th July 2026, Issue 34

Weekly News & Updates

Monday:

Guitar Lessons

Wednesday:

Singing Lessons/Ukulele

Please see at the end of the newsletter links for parent workshops about support for children and families with Autism and ADHD.

Ice pops will be on sale Mondays, Wednesdays and Friday at break and after school.
Ice pop 50p
Ice lollies £1

We have been informed by the Secretary of State for Education that schools will now receive their Y6 SATs results on the later date of **16 July 2026**.

On Friday 17th July school will close at 2pm

Please follow us on Facebook for our weekly pictures.

Summer 2 clubs. W/C 13/07/26.

Monday:

- YR6 play 6.30 pm

Tuesday:

- Gardening/Eco Club 12.30.
- YRS1-3 Summer Games 3.30-4.30

Wednesday:

- Ambassadors Club 12.45
- Y6 play 2 pm

Thursday:

- YRS 4-6 Summer Sports 3.30-4.30

Friday:

- Wellbeing club
- Choir
- Y6 Leaver Service at Christ Church 9.30 am
- School finishes at 2 pm

Class attendance this week:

Reception 84%
Ash 96%
Cedar 92%
Elm 99%
Larch 97%
Maple 99%
Oak 96%

Golden Book

Stars of the week.

Nursery

Tommy, Archie, Daisy, Athena,

Reception

Freddie, Theo, Noah, River

Ash

Sienna,

Cedar

Amal, Olivia, Tommy,

Elm

Cora, Harrison, Imogen, Bobby, Luke, Johnathan

Larch

Phoebe, Dexter,

Maple

Lilly, Yi Chen,

Oak

Arthur, Archie,

Mrs Liotti

Lego Therapy Groups
Musa, Iex, Ted, Aidhan, Zachary, Effy

Mr Beck

Cricketers & Sports Day Helpers

You are now able to book before & after school club sessions via School Money for the week commencing 13th July. Please remember to pre book your sessions on School Money. Please remain with your children in the morning until the club door opens at 7.45, this is for your children's safety. Club is open to all children from Nursery to Year 6.

There will be NO after school club on the last day. School shuts at 2pm. Breakfast Club will be on as normal.



Summer 2 Class Reminders

Seedlings Class:

- Please can you send in a spare pair of wellies to leave under their peg.
- P.E is on a Thursday
- Please provide your child with a sun hat and suncream on sunny days now we are having nice weather.
- Please can all Nursery Rhyme packs be returned to school.
- Your child will now be bringing home a story sack every Thursday.

Saplings Class:

- PE - Tuesday - PE kit needed.
- Sharing books will be changed on a Tuesday.
- Reading books changed on a Friday.

Ash Class

- Reading books will be changed every Friday. Please ensure reading records are signed.
- Spelling tests will take place each Friday.
- Our PE day is Tuesday.
- Don't forget to log in to Seesaw and see what your child has been up to at school-Please let Miss Founde know if you need a new login.

Cedar Class:

- Reading books and signed reading records need returning every Monday.
- New spelling letters have gone home. Copies are available on the class page.
- Please keep books in book bags every day so we can read with your child.
- Summer newsletter is on our class page on the website.

Elm Class:

- This half-term there is no weekly homework. Please continue to encourage your child to read each night and access TT Rock-stars.
- Reading books are swapped each Friday.
- P.E days are Tuesdays and Fridays, please ensure all children with long hair have a bobble.
- Spelling letters have been sent home. Please ask Mrs. Hudson if you need a spare!
- Library visits will be alternate Thursdays: 11/06/26, 25/06/26 09/07/26- last visit.

Larch Class:

- PE Monday and Thursday
- Reading Records due in on Monday
- Homework due in on Monday.
- Spelling test on Friday.

Maple Class:

- PE days are Monday and Thursday
- Spelling tests are on Fridays
- Reading books and Reading Records returned to school for changing on Fridays

Oak Class:

- For the children's weekly homework please can the lines be learned for the play.
- If your child wishes to get a library book then changing days will be now be Monday.
- PE days are Wednesday and Thursday.
- We have been informed by the Secretary of State for Education that schools will now receive their Y6 SATs results on the later date of **16 July 2026**.



Christ Church
CE Primary School

Growing and Learning Together in Christ

Head of School: Mrs K. James

Diary Dates

Monday 13th July — Parents' Evening Drop-In Sessions

Year 6 Monday 13th July—End of year production—6.30 pm

Year 6 Wednesday 15 July—End of year production—2 pm

Year 6 Friday 17th July—Christ Church leavers service 9.30 AM.

Friday 17th July — School Breaks Up for Summer at 2PM.

Wednesday 2nd September 2026—School reopens

[Term Dates Website Link](#)

Open Water Safety Messaging

Key messages

As temperatures rise in the British summertime, you or your family may be tempted to cool off with a swim in a local river or lake, or in the sea. Make sure you know the dangers of swimming in open water.

When you are out and about around Greater Manchester's waterways, remember the following:

- Jumping into open water can be fatal. Cold water shock kills, you don't know what's lurking beneath the surface and under-water currents can be deadly.
- If you get into difficulty in the water, [float to live](#) (external website).
- If you see someone in difficulty in the water remember '**call, tell, throw**':
 - Call 999 and ask for the fire service if inland or the coastguard if by the sea.
 - Tell the struggling person to try to float on their back.
 - Throw them something that floats.
- Look out for hazards around water and stick to proper pathways.
- Let someone know where you are going and when you are coming back, if possible.
- Take any warning or safety signs seriously.
- Never enter the water to rescue your dog - who will rescue you?
- If you encourage your mates to go in the water it could be the last time you see them.

Did you know that around 50% of fatalities happen to people who never intended to go in the water?

- Canals and rivers can be dangerous, no matter how strong a swimmer you are. It's very easy to misjudge the effects cold water can have on your body.
- Being aware of everyday risks in, on and around water and knowing how to behave could save your life. You never know when you might unexpectedly need this knowledge.

Be aware!

- Low water temperatures can cause the body to go into 'cold water shock' and can claim your life in minutes, even if you are a strong swimmer
- It's difficult to estimate the depth of the water. It may be much deeper or shallower than expected and cause serious harm if jumping in
- There are often no suitable places to get out of the water due to steep slimy banks
- The ground shelves away very steeply so you can quickly become out of your depth

- There is no way of knowing what lies beneath
- Reeds and other plant life can get tangled around your limbs and keep you in the water
- Mud makes it difficult to walk even if you can stand up
- Litter and waste such as pipes, shopping trolleys, sharp metal or broken bottles can trap your feet as well as cause injury
- There may be underwater machinery to help operate the locks, for example sluices
- Swimming in open water can expose you to serious disease such as Leptospirosis (Weil's disease)
- There may be hidden currents. Flowing water can be especially dangerous and when the locks are in operation the water flows extremely fast

Cold Water Shock

Cold water shock can happen to anyone - even if you're fit and healthy. And it can happen in any kind of open water: the sea, rivers, lakes and lochs.

Low water temperatures cause the body to go into 'cold water shock' and even hypothermia. It reacts to the cold water by drawing the blood away from muscles to protect the organs and making it difficult to move limbs. Eventually the body slows down and gradually loses consciousness, which can lead to drowning.

It can cause you to temporarily lose the ability to control your breathing. You could find yourself gasping for air and breathing up to 10 times faster than you would normally. You could also experience a spike in heart rate and blood pressure which can cause a heart attack, even if you're in good health

You need to fight your instincts. If you were to fall into cold water you are likely to be confused and frightened and your natural instinct will be to fight the water – to swim hard. But the cold water will make you gasp uncontrollably, your heart will beat really fast, you'll lose energy quickly and breathe in lots of water, and eventually your muscles will become paralysed.

Instead, Float to Live - float on your back you can keep your airways clear, control your breathing and allow the cold water shock to pass. Then you can call out for help and you will have a much better chance of surviving

Dr Sarah Jarvis, explains why jumping or diving into a reservoir, or other open water source like a river or a canal, pond, lake or quarry could quite literally be the last thing you do. Dr Sarah talks about the immediate and major life-threatening effects that cold water has on your body, and how it affects your ability to get yourself out of danger. Watch here: h

<https://youtu.be/sGVT7Ong4xo?si=VvrbTMD6frx-EJts>

[RoSPA- Cold water shock safety | RoSPA's guide to surviving cold water exposure](#)

<https://www.rlss.org.uk/cold-water-shock-the-facts>

[RNLI Water Safety - The Dangers Of Cold Water Shock](#)

Stay Safe Around Reservoirs

Reservoirs can be extremely dangerous, and are not the place for swimming, boarding or paddle boarding even on the warmest of days. Here, we have some useful information for parents, teachers, and young people to spread awareness of our water safety messaging.

- Deep water and steep sides make it difficult to get out, and hidden machinery can be a hazard
- Remote locations mean it may be difficult for emergency services to help anyone in trouble
- Strong currents can be caused by machinery under the water
- Cold water shock can take your breath away and lead to panic, as the water is extremely cold

The water in a reservoir never really gets above 11°C even on the hottest of days. Jumping into a reservoir can cause cold water shock which can kill even the fittest of people within 60 seconds.

The number of lifeguards on duty at reservoirs is 0 as swimming is strictly prohibited, meaning it could be too late by the time help arrives.

Over 700 people drown in the UK and Ireland every year and many more suffer injuries, some life-changing, through non-fatal drowning experiences

You are more likely to die from drowning than by being hit by a car or in a fire

Open Water Safety:

Accidents can happen to anyone. You could be an experienced open water swimmer, or paying for a guided experience, or taking a spontaneous dip on a hot day. Whatever your ability and experience, you should be aware of the dangers involved in open water swimming.

- Cold water shock – this is a physical response to rapid entry into water that's 15°C or lower. You can find yourself struggling to breathe and to swim. Read more about cold water shock.
- Depth of water – water is often deeper than it looks.
- No exit – swimmers can find themselves trapped and unable to exit the water.
- Impact – underwater or hidden objects can be hazardous, and swimmers can get struck by boats and other craft.
- Lack of preparation – swimmers may not have safety equipment or a way to call for help.
- Aftershock – even after you're out of the water, your core body temperature can drop dangerously.

How do to it safely

Before you go:

- Find a friend – it's safer to swim with an organised group than to go alone

- Choose the right location – check the weather and setting. Be aware of any hazards. Identify where you can safely enter and exist the water
- Prepare your kit – make sure your towel and clothes are on hand so that you can quickly dry yourself and warm up. If there are no cafes nearby pack a flask so you can have a hot drink after your swim
- Join a club – join a recognised open water swimming club
- Don't enter the water if you're under the influence of alcohol or drugs
- Consider investing in a throwbag – this comes with a bright floating rope that you can use in a rescue situation
- Know your gear – if you're using an alarm or app on your phone as a way to call for help make sure you know exactly how to use it before you enter the water

During your swim:

- Wear a wetsuit – if you're in a group you may feel peer pressure to brave the cold water in trunks or a swimsuit but ignore it. A wetsuit will keep you warmer and reduce the risk of shock.
- Wear a brightly coloured swimming hat and take a tow float – this will make it easier to spot whilst you're in the water
- Take a float and whistle – this will give you extra buoyancy and greatly improve your chances of coping with cold water shock.
- Swim parallel to the shore – the water is likely to be warmer and also not so deep.

After your swim:

- Warm up quickly – put on plenty of clothes and have a hot drink

Beaches and open water environments are not sterile; there will always be some micro-organisms present. This means that there is always a small chance of becoming ill if people come into contact with these organisms. Various factors influence bathing water quality, including, the presence of cattle grazing in the area near the water, as run-off water can carry pathogens (harmful micro-organisms) from cattle on to the beach via streams running into the sea. Other risk factors include the presence of flocks of birds, proximity to a busy harbour, wind, currents and tides. Risks are increased during times of heavy rainfall, as run-off water can increase the number of pathogens. More detailed information and advice can be found in the [PHE document: Swim Healthy](#).

Further information:

<https://www.rlss.org.uk/pages/category/open-water-safety-tips>

[RoSPA- Open water swimming safety | RoSPA's guide for swimmers](#)

Float to Live

If you find yourself struggling in the water, would you know what to do?

Your gut instinct may tell you to swim to safety. But if your body has gone into [cold water shock](#), you could be panicking and gasping for air. Breathing in just a small amount of water could cause you to drown.

So instead of trying to swim, try to remember three important words: *Float to Live*.

1. Tilt your head back with your ears submerged under the water - this will help open up your airway
2. Try to breathe normally - if you can relax you're less likely to panic
3. Move your hands to help you stay afloat – this will help you stay buoyant
4. Don't worry if your legs singe – its' ok we all float differently
5. Spread your arms & legs – this will improve your stability and control in the water



[Float to Live Toolkit: resources for download](#)



Christ Church Summer Camp



Summer Camp 2026

CHRIST CHURCH WALSHAW - Multi Sports & Build a Baller Football Camp

- Christ Church Walshaw Primary School
- Church Street, Walshaw, Bury BL8 3AX
- Full Day 8.30am - 5.30pm
- Activity Day & Bury HAF: 9.00am-3.00pm (extensions available)
- **WEEK 2** - Monday 27th July - Friday 31st July
- **WEEK 3** - Monday 3rd August - Friday 7th August
- **WEEK 4** - Monday 10th August - Friday 14th August
- **WEEK 5** - Monday 17th August - Friday 21st August



Indoor 5-a-side pitch every Friday!

EXCLUSIVE OFFER

BVQ287

Use this code to receive your schools exclusive 10% discount!
Children must attend to Christ Church Walshaw to access discount

Other Summer Camps Running...

THE FUNTIME ACTIVITY CENTRE Multi Sports & Games Camp

- The Funtime Activity Centre
- Unit 10 Ainsworth Mill, Radcliffe BL2 6QE
- Full Day 8.30am - 5.30pm
- Activity Day & Bury HAF: 9.00am-3.00pm (extensions available)

Monday 20th July -
Friday 28th August
(Wks 1-6)

ST MICHAELS PRIMARY SCHOOL Multi Sports & Build a Baller Football Camp

- St Michaels Primary School
- Ribble Drive, Whitefield M45 8NJ
- Activity Day & Bury HAF: 9.00am-3.00pm

Monday 20th July -
Friday 14th August
(Wks 1-4)

SENSORY - Monday 20th July - Friday 28th August (Wks 1-6)

SEND Sports, Play, Movement & Trampolining

Please see opposite for full details



PAYMENTS



BOOK NOW

BURY HAF



From
£24
Per Day



All Inclusive* available at all camps
Daily fresh hot meals & drinks included!



Vouchers Accepted!

Bury HAF - use the QR code or log into your account

Contact our friendly team for more information at

www.funtimeactivities.co.uk

or email us at info@funtimeactivities.co.uk

July Wellbeing Updates



Well-being Warriors Update:

Our Wellbeing Cafe was a huge success - we raised £403 towards our therapy guinea pigs.

We are so excited for you all to meet Pumpkin and Patches! They are settling into their new surroundings very nicely.

Consent forms will be sent out in September for handling them, until then we are just letting them get used to school life.

5 Ways to Wellbeing



For the month of July, our 5 ways to wellbeing focus is Connect. You could: say hello to someone you don't usually speak to, ask someone how their day has been, have a chat with a friend.

Your moment to shine...Erin I, Year 3

Favourite food: Watermelon

Favourite sport: Basketball

The best thing about Christ Church is having calm spaces

Favourite subject: Art

I relax by colouring

What would you like the Wellbeing

Warriors to do? Promote wellbeing

Favourite book: Minecraft facts

Staff Spotlight: Miss Bell



My favourite subject to teach is computing

At the weekend I enjoy seeing friends and taking my girls to the park

If I wasn't a teacher I would be a food critic

BONUS FACT

I am tongue tied so I can't stick my tongue out





funtime activities
sensory
& Rebound Therapy Centre
For Ages: 4 - 11 Years



Summer Holiday Activities

A wholesome & supportive **SENSORY** movement experience!

Our Funtime Sensory Sports, Play, Movement & Trampolining sessions ensure children can safely explore sports challenges and freely play within our Gymnastics & Trampolining centre.

Sessions run weekdays 3.15pm - 4.45pm all Summer!

Classes are specific to children who have more complex needs and who receive small group or 1-2-1 support or care within a primary setting.

- The Funtime Activity Centre
- Unit 10 Ainsworth Mill, Radcliffe BL2 6QE
- Bury & Bolton HAF: Weekdays 3.15pm-4.45pm from Monday 20th July to Friday 28th August
- Parents or carers must stay on site with children, drinks & seating area available
- Siblings may join in the session or join our sports camp group - please contact us for info

Den Building

Soft Archery

Trampolines

Climbing Wall

Mini Golf

Slides

Seated Soccer

Soft Balls

Spinning Chair



HAF Vouchers Accepted!



**BOOK
NOW**



Go 'All Inclusive' is available at all camps

Daily fresh hot meals, drinks & sweet treats included!

Bury HAF - please use the QR code or log into your account

Bolton HAF - please email us your unique Reference Code

Contact our friendly team for more information at

www.funtimeactivities.co.uk

or email us at info@funtimeactivities.co.uk

What a line-up...

**EDSTART
CLUBS**

Venues

Bury Grammar School

Clifford Billings Sports Complex, BL9 0HN

St Mary's Prestwich

Rectory Lane, M25 1BP

Higher Lane Primary

Egerton Street, M45 7EX

HAF PLACES AVAILABLE PRESS
HERE

Press the venue
to book

For more information, please
email bury@edstart.org.uk

What is the HAF Programme?

The **Holiday Activities and Food (HAF)** programme offers **free holiday clubs**, providing children with **fun activities**, **supervised childcare**, and a **healthy meal** each day. HAF runs during **Easter, Summer and Christmas** school holidays in every local authority in England.

Who can access it?

- Children aged **4–16** who receive **benefits-related free school meals**.
- Some places (up to **15%**) can be offered to children who do **not** receive free school meals but may benefit due to additional needs or family

What will my child enjoy?

- A nutritious daily meal
- Sessions lasting at least **7 hours**
- Sport and Physical activities, opportunities to socialise and lots of fun.

Booking a HAF place with EDSTART

You will receive your **HAF voucher** by email or text from your local council.

- Use the code to register and book activities online, through the holiday activities website <https://www.holidayactivities.com>

- Or contact the **EDSTART Bury team**

via email bury@edstart.org.uk

or call **0161 399 5972**



THE FRIENDS OF CHRIST CHURCH NEWSLETTER

RUN THE RAINBOW FAMILY COLOUR RUN



CHECKLIST FOR GROWNUPS:

Book Colour Run Slots

This year grownups can take part too! Join the fun by booking your slot on School Money from 19th June. £1 per person.

Return Run the Rainbow consent forms by 3rd July.

Consent forms **must** be completed for all those taking part in the colour run.

Complete and return Run the Rainbow sponsorship forms by 13th July. An envelope will be provided for cash donations. Donations can also be made via Sum Up. Details will be on the sponsorship form.

THANK YOU FOR YOUR GENEROUS GIFTS FOR GENTS DONATIONS!



DATES FOR YOUR DIARY

Friday 19th June

Little Shop for Big Heroes, 1-4pm

In collaboration with The Wellbeing Warriors, we'll have gifts for sale for children to purchase for their Big Heroes. You can now pay £2 per gift on School Money. Children will have the opportunity to choose a gift during the school day or after school in the hall.

Wellbeing Cafe, 2-4pm

See posters around school for this exciting fundraiser organised by the Wellbeing Warriors to raise money for guinea pigs! £2 per person can be given to class teachers in named envelope.

Run the Rainbow

Sponsorship Forms are also being sent home on Friday 19th June. Look out for these!

Friday 3rd July

Non-uniform Day

Children can bring a £1 donation to support costs of paint for the Run the Rainbow colour run.

Thursday 9th July

Year 6 Non-uniform Day

A special treat for our 2026 leavers, with £1 donations supporting their last Summer Fair at Christ Church.

Friday 10th July, 3.45pm

Run the Rainbow & Summer Fair

Please send children to school in clothes they can complete the colour run in and with eye protection. They will get very messy!

Worry Management Webinar

For parents and carers of young people, this session will help you to:

- Better understand worry and anxiety
- Support your child to manage and overcome these feelings

Primary School

**Tuesday 16th
June
2026
6-7.30pm**

Step 1: To join our workshop please scan the QR code and complete the registration.



Step 2: Once registered a member of our team will send you an email with the link to access the webinar.

If you would like any further information
Please contact your school's mental health lead.



pcn-tr.burymhst@nhs.net



EVERY CHILD DESERVES AN

Specialist primary PE
and sports provision

edstart.org.uk

EDSTART

We're delighted to offer families of our partner schools, an exclusive **25% discount** on our Summer Holiday Clubs based at Bury Grammar School.

<https://edstart-bury.classforkids.io/camp/99>

This special offer is available for two weeks only, so now is the perfect time to secure your child's place for an action-packed summer.

 **25% OFF BGS Summer Holiday Clubs**, no code required prices have already been discounted

 **Offer ends: Tuesday 16th June**

This summer, children can choose from a fantastic range of activities, including:

 **Football**

 **Multi-Sports**

 **Dance & Gymnastics**

 **Swimming**

Our BGS Holiday Clubs provide children with the opportunity to stay active, develop new skills, build confidence, make friends and enjoy a wide range of exciting activities, all while benefiting from access to our outstanding sports facilities and experienced coaching staff.

Places are always in high demand during the school holidays, so we encourage families to book early and take advantage of this fantastic saving while it's available.

Don't miss out on this limited-time offer—secure your child's place today and give them a summer filled with sport, fun and new friendships.

SENSORY

Rehab for
Independence

DROP - IN

Does your child have difficulties with their processing of sensory information?

Our Team

will be available by pre-booked appointment to provide consultation, education and guidance



Rehabilitation for Independence work in partnership with First Point Family Services to deliver a sensory service commissioned by the NHS in the Bury locality.

Sensory Integration is the brain's ability to take in information from our senses – touch, sound, sight, movement, and body awareness – organise it and use it to respond effectively to everyday situations

An appointment can be made by contacting First Point Family Support Services on 0161 762 1440 or via email at: admin@firstpointsupport.org.uk

We are excited to present to you
Starting 21st April 2026

Bury Neuro Hub



**Tailored support for families of
children / young people with Neurodiverse needs
(with or without a diagnosis)**

**This service is for parent/carers who would like support
and advice around their neurodiverse needs. Your
young person does not have to have a diagnosis to
access this service.**

Drop-in sessions are every

Tuesday & Thursday

9.30am – 3pm

**You can drop in or bookable appointments are
available on request if you prefer.**

Tel: 0161 762 1440

Email: jburns@buryneurohub.co.uk

Address: Phoenix House, 100 Brierley Street, Bury BL9 9HN

The Bury Neuro Hub Offer



Parent/Carers attend a Hub Drop In or Contact the Hub

Invitation to Neuro Hub Appointment offered.

- ✦ In person at the Hub
- ✦ Online
- ✦ Phone calls
- ✦ At school or college

Timely appointment given to discuss and to assess need and match with the correct support at the right time

Needs are Triaged -Signposted to support immediately.

- ★ Triaged as **Green = Getting Advice**
- ★ Triaged as **Amber = Getting Help**
- ★ Triaged as **Red = Getting More Help or Risk Support**

Families will all have access to the Getting advice stage whilst waiting for interventions. Families may also move through the quadrants where required.

Getting Advice

Signpost to relevant seminars held monthly (examples)
Autism and Anxiety –CAMHS * Sensory Processing –
Rehabilitation for Independence * Emotional
Dysregulation and Building Resilience – CAMHS * The
Proud Trust * SENDIASS

Coffee Meetings- Offering a safe environment for families to meet and have a chat with others in the same situation. (Examples)

- Thinking Families
- Post Diagnostic
- Financial support

Information and Resources

- First Point Website / Social Media / Bury's Local Offer
- Advice on SEND and reasonable adjustments
- Social opportunities - local groups/ sessions for all members of the family.
- Local and National support groups for parents accessing universal services.
- Padlet's on various topics

Thriving in Bury for Children and Young People, Parents and Carers, Education, Professionals, Sensory Padlet, Neurodiversity Padlet Autism and ADHD

- "Can Do Approach" Speech and Language WhatsApp group
- Signpost parents / carers and professionals to the Bury Multi-agency Sensory Processing Needs Toolkit on the local offer

Peer to Peer Support

- Parent/carers and young people accessing support from peers when needed.

Getting Help

- **Navigator 1-1 support** for 4-6 weeks support
- **Access to IBASIS and SACS-r** age 12 to 24 months
- **Access to PACT** age 2-10-year-old
- **Paediatric Autism Communication Therapy** an evidence-based intervention that works through video feedback techniques
- **Access to Post Diagnostic Courses ADHD and Autism**
- **Financial Support with DLA, PIP and Charity Forms**
- **Onward referral** Where needed referrals into services will be actioned to gain the correct support for the family's level of need

Getting More Help

Thinking Families - This is a 6-week course –

The group intervention aims to support carers to understand their child's relational and attachment needs, in order to develop different strategies and ideas for supporting their children in a way that increases their sense of security and well-being and improve their behaviour. delivered by Bury CAMHS, in partnership with First Point

Riding the Rapids 10 weeks training course

Courses will be running in separate age groups

- ✓ Early Years
- ✓ Primary age children
- ✓ Secondary age children

Available to parent/carers of children/young people with a diagnosis of Autism, are on the waiting list for a diagnosis. It is also for parent/ carers of children/ young people with significant learning/ intellectual disabilities.

Getting Risk Support

**This person will be there for emotional support for the families in line with Care Plan approach, attending and supporting at meetings where necessary.
As required collaborative support (systemic practice)**



Autism
Central



For more information visit
www.autismcentral.nhs.uk



Delivered by
Anna Freud

Session guidance

How to register and join online Autism Central sessions - England's Peer Education Programme | Autism Central

1. Go to the [Autism Central events page](#) or use this monthly learning timetable to find a session/sessions you would like to attend.

2. Navigate the webpage to find a session or sessions you would like to attend, you can use filters to filter by different session types.

Alternatively, you can use this learning timetable to go to the webpage of a session by clicking "link".

3. Once you find a session to attend, click "book now".

4. You'll be prompted to provide your details and create an account (optional).

5. A member of our team will send you a Zoom registration link on the day of the session.

Please note – once registered via the Zoom registration link you will receive from a member of our team, you will receive an automated email from Zoom containing the actual link to follow to join the Zoom meeting.

For any help on joining or enquires, please email: neurodiversity@annafreud.org

In Conversation and Masterclass Sessions

In conversation			
Date	Time	Session title	Booking link
Friday, 8 May	12:00-13:00	Interests as an opportunity for autistic joy with Dr Amy Pearson	Link
Friday, 22 May	12:00-13:00	Friendships and relationships in autistic young people with Dr Felicity Sedgewick	Link
Friday, 5 June	12:00-13:00	What a "good life" might look like for autistic people with a learning disability with Stephen Unwin	Link
Friday, 26 June	12:00-13:00	Beyond behaviour... respecting your child's monotropic flow with Alexis Quinn	Link
Friday, 26 June	12:00-13:00	Autistic people's experiences of emergency departments: what families need to know with Ben Potts	Link
Friday, 17 July	12:00-13:00	Understanding autistic young people's experiences of mainstream primary schools with Jo Billington	Link



Autism
Central



For more information visit
www.autismcentral.nhs.uk



Delivered by
Anna Freud