



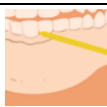







Year 4- Autumn 2 - How do you get from chew to poo?


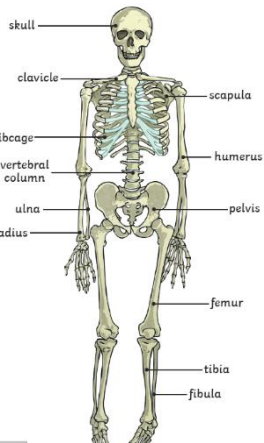






Key Vocabulary

Nutrition		The study of food and how it works in your body
Digestion		The process of breaking down food into substances the body can use for energy, tissue growth, and repair.
Molar		A large, rough-edged tooth found in the back of your mouth used for chewing food
Canine		The pointy teeth next to your front teeth. You have two on top and two on the bottom.
Incisor		The eight large flat teeth with straight edges. They have sharp flat edges that are useful for biting because they cut sharply.
Oesophagus		A muscular tube which moves food from the mouth to the stomach.
Small Intestine		Part of the intestine where nutrients are absorbed into the body.
Rectum		Part of the digestive system where faeces are stored before leaving the body through the anus.
Stomach		An organ in the digestive system where food is broken down with stomach acid and by being churned around.
Large Intestine		Part of the intestine where water is absorbed from remaining waste food. Faeces are formed in the large intestine.

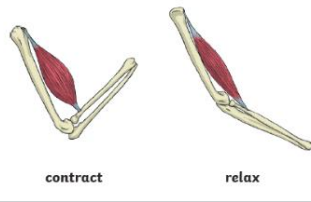
Prior knowledge

In Year 3 we:

- Identified that animals, including humans, need the right types and amount of nutrition, and that they cannot make their own food; they get nutrition from what they eat.
- Identified that humans and some other animals have skeletons and muscles for support, protection and movement.

carbohydrates		
protein		
fibre		
fats		
vitamins		
minerals		
water		

Skeletal **muscles** work in pairs to move the bones they are attached to by taking turns to contract (get shorter) and relax (get longer).

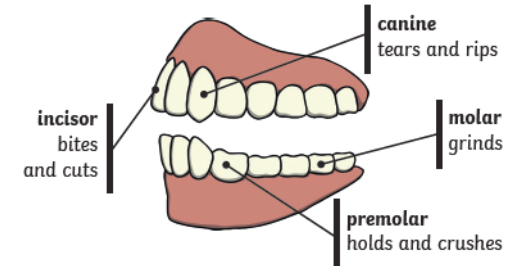


Knowledge and Assessment

- Describe the simple functions of the basic parts of the digestive system in humans.
- Identify the different types of teeth in humans and their simple functions.

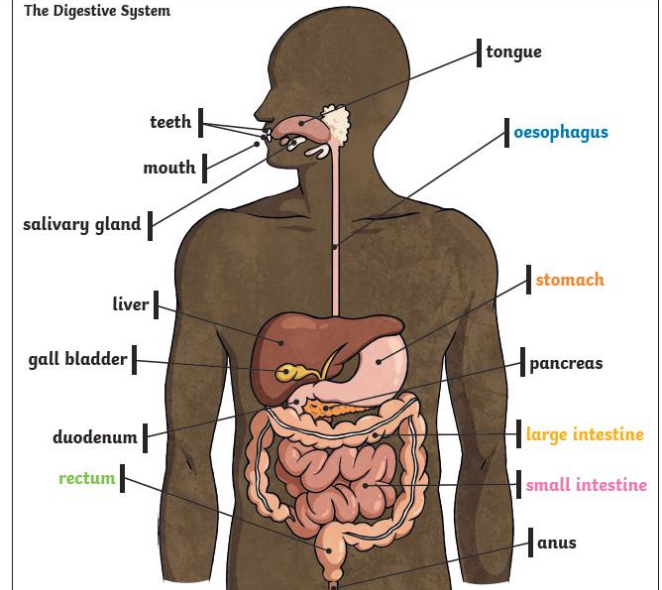
Sticky Knowledge

Human Teeth and Their Functions



Some people have wisdom teeth but they have no function now

The Digestive System



To help prevent tooth decay:

- limit sugary food and drink;
- brush teeth at least twice daily using a fluoride toothpaste;
- visit your dentist regularly.

