Head Teacher: Mrs S. Howard



## **Forest School Sessions**

Monday 12<sup>th</sup> February 2024

Dear Parents/ Carers,

We are very pleased to inform you that, during the second half of Spring Term, Holly Class will be taking part in 'Forest School' sessions. Mrs Hudson will be leading the sessions which will be taking place on Wednesday **mornings** on the following dates: Wednesday 28<sup>th</sup> February, Wednesday 6<sup>th</sup> March, Wednesday 13<sup>th</sup> March and Wednesday 20<sup>th</sup> March.

Forest School started in Scandinavia and is a way of learning in a woodland environment. It provides the space where people can develop socially, emotionally and physically through play, following individual and preferred learning styles. For more information, please visit http://www.forestschoolassociation.org/.

At Christ Church we aim to nurture our children so that they can reach their full potential. We believe that it is vitally important to look at the whole child when considering their education and we think the holistic experience they receive as a member of our Forest School will equip them with the skills to become confident in their own abilities: in the classroom, outdoors and beyond. Forest School gives children the time and space necessary to develop the tools and skills to become resilient, independent and inquisitive learners. Our core aim is to engage children in the natural environment and to have fun. As we all know, when children have a purpose to their learning and are fully engaged, they will achieve far more, In our amazing school forest the learning continues beyond the classroom.

As Forest School is an all year round and all-weather activity, it is vitally important that the correct clothing is worn by children and adults alike. We ensure that all children are suitably clothed for all weather. Parents will need to provide their children with a waterproof jacket, warm trousers, wellington or walking boots, and a hat and gloves if cold.

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Even with all this personal protective equipment, it is possible that children can get their clothes wet or dirty; therefore, in addition they also need to be provided with their school uniform and shoes to be changed into after the sessions. Children should arrive at school dressed for their Forest School session, with their uniform and school shoes in a carrier bag.

If you have any questions about the sessions, please don't hesitate to contact either Mrs Hudson or Miss Founde. We are very excited about providing the children with this enrichment opportunity.

Thank you in anticipation of your support,

Mrs Hudson and Miss Founde

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