



Christ Church
CE Primary School

Growing and Learning Together in Christ

Head Teacher: Mrs S. Howard

Forest School Sessions- Seedlings and Saplings

Tuesday 16th April 2024

Dear Parents/ Carers,

We are very pleased to inform you that, during the first half of the Summer term, Seedlings and Saplings will be taking part in 'Forest School' sessions. Mrs Hudson will be leading the sessions which will be taking place on Wednesday **mornings** on the following dates: Wednesday 24th April, Wednesday 1st May, Wednesday 8th May and Wednesday 15th May.

Forest School started in Scandinavia and is a way of learning in a woodland environment. It provides the space where people can develop socially, emotionally and physically through play, following individual and preferred learning styles. For more information, please visit <http://www.forestschoolassociation.org/>.

At Christ Church we aim to nurture our children so that they can reach their full potential. We believe that it is vitally important to look at the whole child when considering their education and we think the holistic experience they receive as a member of our Forest School will equip them with the skills to become confident in their own abilities: in the classroom, outdoors and beyond. Forest School gives children the time and space necessary to develop the tools and skills to become resilient, independent, and inquisitive learners. Our core aim is to engage children in the natural environment and to have fun. As we all know, when children have a purpose to their learning and are fully engaged, they will achieve far more, In our amazing school forest the learning continues beyond the classroom.

What to wear?

As Forest School is an all year-round and all-weather activity, it is vitally important that the correct clothing is worn by children and adults alike. We ensure that all children are suitably clothed for all weather. Parents will need to provide their children with a waterproof jacket, warm trousers, wellington or walking boots, and a hat and gloves if cold.

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As our sessions take place in the **mornings**, children should come to school dressed for the forest with their uniform/ school clothing and shoes in a separate labelled bag! Please note water proof trousers/ all-in-ones can be worn over school uniform for ease.

If you have any questions about the sessions, please don't hesitate to contact either Mrs Hudson or Mrs Nicholson or Mrs MacKay. We are very excited about providing the children with this enrichment opportunity.

Thank you in anticipation of your support,

Mrs Hudson

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